

NORTHPORT MIDDLE SCHOOL
ULTIMATE FRISBEE INTRAMURAL SCHEDULE

All sessions will begin at 8:00 am and will finish at 8:40 am. Students must sign up in the large cafeteria (each day) before 8:00 am. At 8:00, students will be dismissed to the gym. All students that attend intramurals must stay for the duration unless they have a pass. Students must wear sneakers in order to participate. If you have any questions, feel free to contact me at (631) 486-7365.

**Thank you,
Mr. Hamel**

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